## Thursday Night Food Trucks are Coming Back Starting November 3rd



S.D. Pizza Truck

## Delicioso Truck



You spoke and we listened! Beginning Thursday November 3rd, we are partnering with new vendors to provide more family friendly menus and pricing. The weekly trucks will start serving at 5 pm and will be:

www.sandiegopizzacompany.com - "The best mobile woodfired pizza in San Diego"

www.deliciosofoodtruck.com - Delicious Southwest food

And BT Express Barbeque

10% each week will go back to Innovations Academy Charter School!!!

Additionally, we will enhance the community experience by offering Family Enrichment Nights on 1st and 3rd Thursdays, beginning at 6 pm.

## FIRST THURSDAYS

1st Thursdays will feature a speaker on subjects including healthy family choices, healthy meal planning & preparation, home organizing, positive discipline & redirecting children's behavior talks & tips.

Schedule of Family Speakers:

- 11/3 Dr. Chris Hengesteg, D.C. "Keeping the Immune System Stronger During Cold & Flu Season"
- 12/1 Alegra Lowenstein, Certified Health Coach "Meal Planning Beyond Meal Planning"
- 1/5 Aimee Fuller, Clinical Hypnotherapist "Help Your Child Tap into the Incredible Power of their Mind!"
- 2/2 Alma Galvan, Certified Brain Gym Therapist "What is Brain Gym?"
- 3/2 Jennifer Kuebler, MFT & Parenting Educator "Positive Discipline Q/A"
- 4/6 Richard Lederer, Author of more than 40 books & Founding co-host of "A Way With Words"
- 5/4 No Talk School Play
- 6/1 Debbie Zeichner, LCSW-Parent Coach, "No I Won't and You Can't Make Me!"

## THIRD THURSDAYS

3rd Thursdays will feature a community movie experience. We will start this program off by showing the "Planet Earth" series, beginning at 6 pm:

11/17 "From Pole to Pole"

12/15 "Mountains"

1/19 "Fresh Water"

2/16 "Caves"

3/16 "Deserts"

4/20 "Ice Worlds"

5/18 "Great Plains"

6/15 "Jungles