



Parenting with Positive Discipline 6-Week Workshop

Wednesdays: April 20-May 25, 2016 6:00-8:30pm

Innovations Academy 10380 Spring Canyon Road San Diego, CA 92131

Do you struggle with:

- Whining
- Not listening
- Bedtime hassles
- Power struggles

In this workshop, you will learn many nonpunitive tools for turning defiance into selfreliance. You will learn effective ways of encouraging your child as well as how to help him/her to develop important life skills and characteristics.

Some of the Positive Discipline tools that will be covered in this workshop include:

- Connection before correction
- Kind and firm at the same time
- Encouragement vs. praise
- Belief behind behavior
- Routine charts

For more information and to register, email: donna@innovationsacademy.org

\$125 per participant (\$40 to add a parenting partner)
*Early bird discount-\$100.00 (\$25.00 parenting
partner) if paid by April 13, 2016.

Donna Napier is a Certified Positive Discipline Parent Educator and a Certified Positive Discipline Classroom Educator through the Positive Discipline Association.