

After School Workout Program at

MoJo's Gymnasium

6 week program starting March 25th

Every Wednesday @ 4:00pm

Every Friday @ 12:30pm

Option of coming once or twice a week.

Once a week is \$150

Twice a week is \$250

Focus of nutrition, proper exercise, teamwork, sport specific skills, etc.

*Classes are capped at 5-6 students. More time slots will be added if necessary.

Contact Joe or Marco at 858-527-0445 or mojosgym1@hotmail.com for more information.