**Innovations Academy Independent Study**

**PHYSICAL EDUCATION LOG**

Student: Learning Period: 1 2 3 4 5 6 7 8 9 10

Concepts addressed this learning period:

Required P.E. Minutes

K-6: 400 minutes per learning period

7-8: 800 minutes per learning period

Aerobic Conditioning

Strength and Endurance Development

Motor Development

Knowledge Acquisition

Health

Nutrition

Other:

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| DATE | DURATION | DESCRIPTION OF ACTIVITY |
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Parent Signature: Date:

I.A. Teacher/Facilitator: Date: