Innovations Academy Independent Study

PHYSICAL EDUCATION LOG

Required P.E. Minutes
K-6: 400 minutes per learning period
7-8: 800 minutes per learning period

Concepts addressed this learning period:
- ☐Aerobic Conditioning
- ☐Strength and Endurance Development
- ☐Motor Development
- ☐Knowledge Acquisition
- ☐Health
- ☐Nutrition
- ☐Other:

Student:_____

Learning Period: 1 2 3 4 5 6 7 8 9 10

Parent Signature:_____ Date:_____

I.A. Teacher/Facilitator:_____ Date:_____

DATE	DURATION	DESCRIPTION OF ACTIVITY

TOTAL NUMBER OF PE MINUTES: